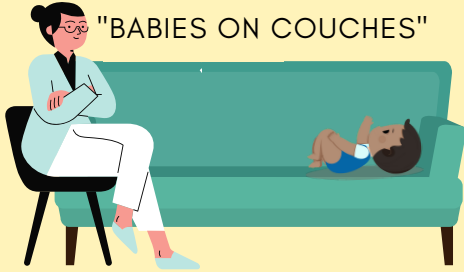


HEALTHY BABIES START WITH HEALTHY RELATIONSHIPS!



INFANT MENTAL HEALTH IS **NOT**

"BABIES ON COUCHES"



INFANT MENTAL HEALTH IS PROMOTING THE SOCIAL AND EMOTIONAL DEVELOPMENT OF A BABY, ALLOWING THEM TO:

- form close and trusting relationships
- experience and manage emotions
- explore the environment and learn

INFANT MENTAL HEALTH CAN ALSO PREVENT AND REPAIR THE DAMAGE TOXIC STRESS CAUSES TO THE DEVELOPING BRAIN.

BUT HERE'S THE PROBLEM

AWARENESS AND ACCESS TO INFANT MENTAL HEALTH SERVICES ARE LIMITED.



ONLY **3** Infant Mental Health Clinics exist in the Garden State.

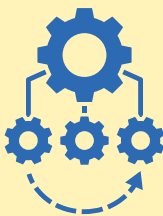


Clinicians are endorsed to provide infant mental health.



Medicaid and Health Insurance Coverage are inconsistent for mental health services.

STATE LEADERS CAN SUPPORT INFANT MENTAL HEALTH BY:



ensuring Medicaid and NJ FamilyCare cover necessary Infant Mental Health Services.



growing and developing the infant mental health workforce through scholarships and trainings.



sustaining and growing interdisciplinary pediatric primary care models that embed infant mental health in their practice.