

## HOW TO REACH THE CONNECTION

WE MAY CALL YOU if your health care or social service provider asks us to contact you about local services that might benefit you.

**YOU CAN CALL US directly for help with finding resources.**

**1-800-611-8326**



## THE TRUTH ABOUT HOME VISITING

*Unfortunately, myths about home visiting sometimes discourage families from taking advantage of this valuable support. We explore some of the most common below.*

**MYTH:** Home visiting programs are for families with problems.

**TRUTH:** Home visiting programs are intended for ALL families regardless of any difficulties they may or may not be having.

**MYTH:** Home visits are time consuming.

**TRUTH:** Home visiting programs offer services at a time that is convenient for you. On average, a home visit takes about an hour and happens once or twice a month.

**MYTH:** Home visiting programs are only for new parents.

**TRUTH:** Home visiting is not about teaching you how to be a parent. It is about having a knowledgeable professional support you on your parenting journey and help you reach your goals, whatever they may be.

**MYTH:** Home visiting programs are used by welfare and immigration agencies to monitor parents.

**TRUTH:** Home visitors do not report any information families share with them to welfare or immigration agencies.



**2500 McClellan Avenue, Suite 250, Pennsauken, NJ 08109**  
**1-800-611-8326**

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**Serving the New Jersey counties of Atlantic, Burlington, Camden and Cape May**



**SOUTHERN NEW JERSEY PERINATAL COOPERATIVE**

## THE CONNECTION

The Connection is the 'go-to' place for information on health and social services in South Jersey. When you have a need, let our experienced team do the hard work. We locate resources, check eligibility and confirm if the program is accepting new clients. This service is free, confidential, bilingual and open to anyone living in Atlantic, Burlington, Camden and Cape May counties.

### ***The Connection can help you find the services you need, including:***

- Child care
- Community Doulas \*
- Counseling
- Diapers, formula and baby items
- Domestic violence support
- Educational and ESL resources
- Family Success Centers
- Father Involvement
- Food assistance
- Health insurance
- Housing and utility assistance
- Job assistance
- Legal services
- Medical and dental care
- Prenatal and Postpartum care
- Smoking and substance abuse
- Transportation
- WIC

*\*Available only in Camden City and Atlantic City*



## HOME VISITING WORKS

The Connection often links families to home visiting programs that promote healthy child development and provide parenting support tailored to a family's unique needs. Home visitors assess the needs and goals of each family and connect them with local resources.

***\* Confidential and caring support***

***\* Reliable referrals for social services and health care***

***\* Services tailored for your unique needs***



## Home Visiting Programs

- Baby's Best Start
- Camden Healthy Start
- Early Head Start
- Early Intervention
- Healthy Families
- Healthy Women, Healthy Families
- Improving Pregnancy Outcomes
- Infant and Family Development
- Mom's Quit Connection
- Nurse-Family Partnership
- Parents as Teachers
- Project Embrace
- Virtua Community Nursing Services

*Not all programs available in every county. Contact The Connection to learn which programs are available in the county where you live.*

