

Fueling Change. Feeding All.

CACFP 101 FOR CHILD CARE PROGRAM

OCT. 13, 2020

#### CHILDHOOD HUNGER IN NJ

#### In 2018,

- More than 219,000 NJ children experienced hunger, according to Feeding America's Map the Meal Gap.
- □ That translates to 11.3 percent of all NJ children.
- Childhood hunger varies greatly among counties, from about 9 percent in Hunterdon and Somerset to 18 percent in Atlantic and Cumberland.

#### HUNGER EXPECTED TO GROW

Feeding America estimates that New Jersey will see a 75% increase in hungry children due to the pandemic. That is the 5<sup>th</sup> largest projected increase nationwide.

# CAMPAIGN AIMS TO REDUCE CHILDHOOD HUNGER

Hunger Free New Jersey leads the NJ Food for Thought Campaign, which aims to reduce childhood hunger by increasing participation in key children nutrition programs, including school breakfast, summer meals & afterschool snacks and suppers.

#### PROGRESS BUT MORE WORK TO DO

Launched in 2011, the campaign has helped fuel significant increases in child nutrition participation.

School Breakfast – 65% increase since 2010 Summer Meals – 36% increase since 2015 Suppers – 34% increase since 2016

# STILL MISSING TENS OF THOUSANDS OF CHILDREN

Despite this progress, these programs are failing to reach tens of thousands NJ children. In 2019, NJ communities reached just 6% of eligible students with afterschool suppers.

### MISSING OUT ON FEDERAL DOLLARS

If New Jersey served the recommended 15% of eligible children, communities would collect an additional \$20 million in federal funds each year to feed hungry kids.

# REDUCING CHILDHOOD HUNGER A COMMUNITY EFFORT

CACFP is open to schools, community organizations, child care centers and local government agencies. Addressing childhood hunger requires a coordinated community-wide response.

# EXPANSION OF CHILD NUTRITION PROGRAMS KEY TO SUCCESS

Emergency food providers cannot keep up with the need. CACFP provides generous reimbursements for suppers served to children in low-income areas and should be a key piece of a community's anti-hunger efforts.

# HIGHER PARTICIPATION MEANS MORE FEDERAL DOLLARS TO FIGHT HUNGER.

If New Jersey reached the nationally recommended 15% of eligible children, New Jersey communities could collect an additional \$20 million each year in federal funds to feed hungry kids. —Hunger Free NJ, State of Afterschool Meals Report, 2019

#### CACFP HELPS KIDS, FAMILIES, PROVIDERS

Afterschool meals help children who might otherwise go home to an empty dinner table. The program also helps struggling parents to stretch tight food budgets, while also supporting child care programs.

# CONNECTING COMMUNITIES

Hunger Free New Jersey works in local communities to help build coalitions & make connections to effectively expand programs.

# DATA & OTHER RESOURCES

Hunger Free New Jersey also publishes annual reports on child nutrition programs and other topics related to hunger in NJ. These resources can help make the case for program expansion. Visit hungerfreenj.org to learn more.



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