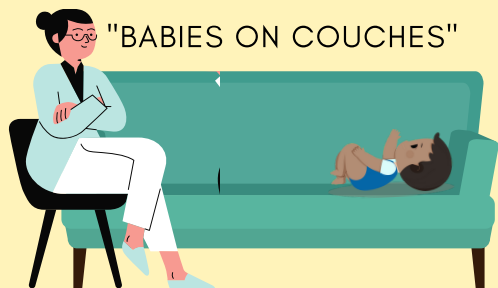


HEALTHY BABIES START WITH HEALTHY RELATIONSHIPS!



INFANT MENTAL HEALTH IS **NOT**

"BABIES ON COUCHES"



INFANT MENTAL HEALTH IS PROMOTING THE SOCIAL AND EMOTIONAL DEVELOPMENT OF A BABY, HELPING THEM DEVELOP THE CAPACITY TO:

- form close and trusting relationships
- experience and manage emotions
- explore their environment and learn



IT CAN ALSO PREVENT AND REPAIR THE DAMAGE TOXIC STRESS CAUSES TO THE DEVELOPING BRAIN.

BUT HERE'S THE PROBLEM:

AWARENESS AND ACCESS TO INFANT MENTAL HEALTH SERVICES ARE LIMITED



ONLY 4 infant mental clinics exist in the Garden State.⁵



20 clinicians are endorsed to provide infant mental health services.⁶



There is inconsistent Medicaid and health insurance coverage for mental health services.

STATE LEADERS CAN USE AMERICAN RESCUE PLAN FUNDING TO SUPPORT INFANT MENTAL HEALTH TO:



ensure Medicaid and NJ FamilyCare cover necessary infant mental health services.



grow and develop the infant mental health workforce by offering scholarships and trainings.



sustain and grow interdisciplinary pediatric primary care models that embed infant mental health in their practice.